



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**  
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)  
**Accredited with "B" Grade by NAAC**  
Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai - 600 127.

**REGULAR EXAMINATIONS TIME TABLE - APRIL 2024**

**First Semester**

Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	06.05.2024	2 PM to 5 PM
UPE18CT102	Anatomy And Physiology And Health Education	07.05.2024	2 PM to 5 PM
UPE18CT103	Yoga Education	08.05.2024	2 PM to 5 PM
UPE18DE001	Olympic Movement	09.05.2024	2 PM to 5 PM
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

**Second Semester**

Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	30.04.2024	2 PM to 5 PM
UPE18CT202	Organization ,Administration And Methods In Physical Education	02.05.2024	2 PM to 5 PM
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	03.05.2024	2 PM to 5 PM
UPE18DE005	Educational Technology And Computer Application In Physical Education	04.05.2024	2 PM to 5 PM
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

**Third Semester**

Subject Code	Subject	Date	Time
UPE18CT301	Measurement And Evaluation In Physical Education	06.05.2024	10 AM to 1 PM
UPE18CT302	Research And Statistics In Physical Education	07.05.2024	10 AM to 1 PM
UPE18CT303	Sports Management And Recreation And Camping	08.05.2024	10 AM to 1 PM
UPE18DE001	Olympic Movement	09.05.2024	10 AM to 1 PM
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		
UPE18GE301	Generic Elective	10.05.2024	10 AM to 1 PM

*Handwritten signature and date: 18/4/24*

**Fourth Semester**

Subject Code	Subject	Date	Time
UPE18CT401	Theories Of Sports And Games, Coaching And Officiating- Part II	30.04.2024	10 AM to 1 PM
UPE18CT402	Kinesiology And Biomechanics	02.05.2024	10 AM to 1 PM
UPE18CT403	Sports Psychology And Sociology	03.05.2024	10 AM to 1 PM
UPE18DE005	Educational Technology And Computer Application In Physical Education	04.05.2024	10 AM to 1 PM
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

**Master of Physical Education - (2018 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	06.05.2024	2 PM to 5 PM
PPE18CT102	Yogic Sciences	07.05.2024	2 PM to 5 PM
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	08.05.2024	2 PM to 5 PM
PPE18DE001	Physical Fitness And Wellness	09.05.2024	2 PM to 5 PM
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		

**Second Semester**

Subject Code	Subject	Date	Time
PPE18CT201	Applied Statistics In Physical Education And Sports	30.04.2024	2 PM to 5 PM
PPE18CT202	Sports Biomechanics And Kinesiology	02.05.2024	2 PM to 5 PM
PPE18CT203	Sports Psychology And Sociology	03.05.2024	2 PM to 5 PM
PPE18DE005	Sports Journalism And Mass Media	04.05.2024	2 PM to 5 PM
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

**Third Semester**

Subject Code	Subject	Date	Time
PPE18CT301	Sports Medicine, Athletic Care And Rehabilitation	06.05.2024	10 AM to 1 PM
PPE18CT302	Physiology Of Exercise	07.05.2024	10 AM to 1 PM
PPE18CT303	Scientific Principles Of Sports Training	08.05.2024	10 AM to 1 PM
PPE18DE001	Physical Fitness And Wellness	09.05.2024	10 AM to 1 PM
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		
PPE18GE301	Generic Elective	10.05.2024	10 AM to 1 PM

**Fourth Semester**

Subject Code	Subject	Date	Time
PPE18CT401	Information And Communication Technology ( Ict) In Physical Education	30.04.2024	10 AM to 1 PM
PPE18CT402	Sports Management And Curriculum Design In Physical Education	02.05.2024	10 AM to 1 PM
PPE18DE005	Sports Journalism And Mass Media	03.05.2024	10 AM to 1 PM
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

**B.P.E.S (2016 Onwards)****First Semester**

Subject Code	Subject	Date	Time
BS16101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
BS16102	English I	09.05.2024	2 PM to 5 PM
BS16103	General Knowledge and History of Physical Education	06.05.2024	2 PM to 5 PM
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	07.05.2024	2 PM to 5 PM

**Second Semester**

Subject Code	Subject	Date	Time
BS16201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
BS16202	English II	02.05.2024	2 PM to 5 PM
BS16203	Anatomy and Physiology	03.05.2024	2 PM to 5 PM
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	04.05.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
BS16301	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
BS16302	English III	09.05.2024	10 AM to 1 PM
BS16303	Health and Safety Education	06.05.2024	10 AM to 1 PM
BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	07.05.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
BS16401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	30.04.2024	10 AM to 1 PM
BS16402	English IV	02.05.2024	10 AM to 1 PM
BS16403	Methods in Physical Education	03.05.2024	10 AM to 1 PM
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	04.05.2024	10 AM to 1 PM

Fifth Semester			
Subject Code	Subject	Date	Time
BS16501	Science of Yoga	10.05.2024	2 PM to 5 PM
BS16502	Care and Prevention of Sports Trauma	11.05.2024	2 PM to 5 PM
BS16503	Kinesiology and Biomechanics	13.05.2024	2 PM to 5 PM
BS16504	Educational Psychology and Sports Journalism	14.05.2024	2 PM to 5 PM

Sixth Semester			
Subject Code	Subject	Date	Time
BS16601	Exercise Physiology and Nutrition	10.05.2024	10 AM to 1 PM
BS16602	Test, Measurement and Evaluation	11.05.2024	10 AM to 1 PM
BS16603	Scientific Principles of Sports Training	13.05.2024	10 AM to 1 PM
BS16604	Rules of Games and Sports-Part V	14.05.2024	10 AM to 1 PM



**M.Sc Yoga - (2022 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO22CT101	Fundamentals of yoga	08.05.2024	2 PM to 5 PM
PYO22CT102	Anatomy and physiology	09.05.2024	2 PM to 5 PM
PYO22CT103	Classical Yoga Practices - I	10.05.2024	2 PM to 5 PM
PYO22DE001	Yoga and Education	11.05.2024	2 PM to 5 PM
PYO22AE101	Communication skills	13.05.2024	2 PM to 5 PM

**Second Semester**

PYO22CT201	Yoga and psychology	30.04.2024	2 PM to 5 PM
PYO22CT202	Methodology of teaching yoga	02.05.2024	2 PM to 5 PM
PYO22CT203	Basic yoga texts	03.05.2024	2 PM to 5 PM
PYO22DE001	Thirumoolar Thirumanthiram/Statistics in Yoga/Yoga and Nutrition	04.05.2024	2 PM to 5 PM
PYO22GE201	Generic Elective Basic Biomechanics/Applied Yoga/Yogic Practices	06.05.2024	2 PM to 5 PM
PYO22SE201	Computer Applications	07.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO22CT301	Research Process in Yoga	08.05.2024	10 AM to 1 PM
PYO22CT302	Patanjali Yoga Sutras	09.05.2024	10 AM to 1 PM
PYO22CT303	Traditional Indian systems of Medicine & Therapies	11.05.2024	10 AM to 1 PM
PYO22DE001	Professional preparation of NET or SLET	13.05.2024	10 AM to 1 PM
PYO22GE301	Generic Elective	10.05.2024	10 AM to 1 PM
PYO22AE301	Personality Development	14.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO22CT401	Yoga Therapy	30.04.2024	10 AM to 1 PM
PYO22CT402	Hatha Yoga Text	02.05.2024	10 AM to 1 PM
PYO22CT403	Thesis	03.05.2024	10 AM to 1 PM
PYO18DE004	Methods of Naturopathy	04.05.2024	10 AM to 1 PM
PYO22SE401	Environmental Studies	06.05.2024	10 AM to 1 PM

**M.Sc Yoga - (2018 CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO18CT101	Fundamentals of yoga	08.05.2024	2 PM to 5 PM
PYO18CT102	Anatomy and physiology	09.05.2024	2 PM to 5 PM
PYO18CT103	Methods of yogic practices	10.05.2024	2 PM to 5 PM
PYO18DE001	Yoga and health	11.05.2024	2 PM to 5 PM
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	13.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO18CT201	Yoga and psychology	30.04.2024	2 PM to 5 PM
PYO18CT202	Methodology of teaching yoga	02.05.2024	2 PM to 5 PM
PYO18CT203	Basic yoga texts	03.05.2024	2 PM to 5 PM
PYO18DE001	Yoga and health	04.05.2024	2 PM to 5 PM
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE201	Generic Elective	06.05.2024	2 PM to 5 PM
PYO18SE201	Computer Applications	07.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO18CT301	Yoga therapy	08.05.2024	10 AM to 1 PM
PYO18CT302	Hatha yoga texts	09.05.2024	10 AM to 1 PM
PYO18CT303	Traditional systems of medicine and therapies	11.05.2024	10 AM to 1 PM
PYO18DE001	Yoga and health	13.05.2024	10 AM to 1 PM
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE301	Generic Elective	10.05.2024	10 AM to 1 PM
PYO18AE301	Personality Development	14.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO18CT401	Research processes in yoga	30.04.2024	10 AM to 1 PM
PYO18CT402	Yoga sutras	02.05.2024	10 AM to 1 PM
PYO18DE001	Yoga and health	03.05.2024	10 AM to 1 PM
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18SE401	Environmental studies	04.05.2024	10 AM to 1 PM

**M.Sc Yoga Therapy - (2018 CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT101	Fundamentals of yoga therapy	08.05.2024	2 PM to 5 PM
PYT18CT102	Functional anatomy and physiology	09.05.2024	2 PM to 5 PM
PYT18CT103	Basic principles of yoga therapy	10.05.2024	2 PM to 5 PM
PYT18DE001	Health and yoga therapy	11.05.2024	2 PM to 5 PM
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	13.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT201	Yoga Therapy and Psychology	30.04.2024	2 PM to 5 PM
PYT18CT202	Physical Examination Methods of Yoga Therapy	02.05.2024	2 PM to 5 PM
PYT18CT203	Methodology in yoga therapy	03.05.2024	2 PM to 5 PM
PYT18DE001	Health and yoga therapy	04.05.2024	2 PM to 5 PM
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE201	Generic Elective	06.05.2024	2 PM to 5 PM
PYT18SE201	Computer Applications	07.05.2024	2 PM to 5 PM



**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT301	Texts in Yoga Therapy	08.05.2024	10 AM to 1 PM
PYT18CT302	Pathology Ailments and Yoga Therapy	09.05.2024	10 AM to 1 PM
PYT18CT303	Traditional Indian System of Medicine and Therapies	11.05.2024	10 AM to 1 PM
PYT18DE001	Health and yoga therapy	13.05.2024	10 AM to 1 PM
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching Yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE301	Generic Elective	10.05.2024	10 AM to 1 PM
PYT18AE301	Personality Development	14.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT401	Research processes in yoga therapy	30.04.2024	10 AM to 1 PM
PYT18CT402	Yoga therapy in yoga sutras	02.05.2024	10 AM to 1 PM
PYT18DE001	Health and yoga therapy	03.05.2024	10 AM to 1 PM
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18SE401	Environmental studies	04.05.2024	10 AM to 1 PM

**M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT101	Applied yoga	08.05.2024	2 PM to 5 PM
PYH18CT102	Yoga of body and mind	09.05.2024	2 PM to 5 PM
PYH18CT103	Elements of human biology	10.05.2024	2 PM to 5 PM
PYH18DE001	Yogic diet	11.05.2024	2 PM to 5 PM
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	13.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT201	Yoga of sublimation and social welfare	30.04.2024	2 PM to 5 PM
PYH18CT202	Methodology of teaching sky yoga	02.05.2024	2 PM to 5 PM
PYH18CT203	Basic yoga texts	03.05.2024	2 PM to 5 PM
PYH18DE001	Yogic diet	04.05.2024	2 PM to 5 PM
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE201	Generic Elective	06.05.2024	2 PM to 5 PM
PYH18SE201	Computer Applications	07.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT301	Yogic science of energy and consciousness	08.05.2024	10 AM to 1 PM
PYH18CT302	World community life	09.05.2024	10 AM to 1 PM
PYH18CT303	Indian traditional system of medicine and therapies	11.05.2024	10 AM to 1 PM
PYH18DE001	Yogic diet	13.05.2024	10 AM to 1 PM
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE301	Generic Elective	10.05.2024	10 AM to 1 PM
PYH18AE301	Personality Development	14.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT401	Research processes in yoga for human excellence	30.04.2024	10 AM to 1 PM
PYH18CT402	Yoga sutras	02.05.2024	10 AM to 1 PM
PYH18DE001	Yogic diet	03.05.2024	10 AM to 1 PM
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18SE401	Environmental studies	04.05.2024	10 AM to 1 PM

**B.Sc Yoga - (2022 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO22CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
UYO22CT102	English I	09.05.2024	2 PM to 5 PM
UYO22CT103	Fundamentals of yoga	07.05.2024	2 PM to 5 PM
UYO22CT104	Anatomy and Physiology	10.05.2024	2 PM to 5 PM
UYO18AE101	Classical Yoga Practices - I	11.05.2024	2 PM to 5 PM

**Second Semester**

UYO22CT201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
UYO22CT202	English II	02.05.2024	2 PM to 5 PM
UYO22CT203	Basic Texts in Yoga	03.05.2024	2 PM to 5 PM
UYO22CT204	Classical Yoga Practices - II	04.05.2024	2 PM to 5 PM
UYO22AE201	Communication skills	06.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO22CT301	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
UYO22CT302	English III	09.05.2024	10 AM to 1 PM
UYO22CT303	Pathanjali Yoga Sutras - 1	07.05.2024	10 AM to 1 PM
UYO22CT304	Methodology of Teaching Yoga	10.05.2024	10 AM to 1 PM
UYO22SE301	Computer Applications In Yoga	11.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO22CT401	Tamil IV/ Hindi IV/ Special English	30.04.2024	10 AM to 1 PM
UYO22CT402	English IV	02.05.2024	10 AM to 1 PM
UYO22CT403	Pathanjali Yoga Sutras - II	03.05.2024	10 AM to 1 PM
UYO22CT404	Traditional system of Medicine and Therapy	04.05.2024	10 AM to 1 PM
UYO22AE401	Environmental Studies	06.05.2024	10 AM to 1 PM



**Fifth Semester**

Subject Code	Subject	Date	Time
UYO22CT501	Yogic Psychology	13.05.2024	2 PM to 5 PM
UYO22CT502	Hatha Yoga Text – I	14.05.2024	2 PM to 5 PM
UYO22CT503	Classical Yoga with props – IV	15.05.2024	2 PM to 5 PM
UYO22DE501	DE	16.05.2024	2 PM to 5 PM
UYO22SE501	Basic Biomechanics	17.05.2024	2 PM to 5 PM

**Sixth Semester**

Subject Code	Subject	Date	Time
UYO22CT601	Tirumoolar's Tirumandiram	13.05.2024	10 AM to 1 PM
UYO22CT602	Principles of Yoga Therapy	14.05.2024	10 AM to 1 PM
UYO22CT603	Basic research in Yoga	15.05.2024	10 AM to 1 PM
UYO22DE601	DE	16.05.2024	10 AM to 1 PM
UYO22SE601	Professional preparation of NET/ SLET/ QCI/YCB	17.05.2024	10 AM to 1 PM

**B.Sc Yoga - (2018 CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
UYO18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
UYO18CT102	English I	09.05.2024	2 PM to 5 PM
UYO18CT103	Fundamentals of yoga	06.05.2024	2 PM to 5 PM

**Second Semester**

Subject Code	Subject	Date	Time
UYO18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
UYO18CT202	English II	02.05.2024	2 PM to 5 PM
UYO18CT203	Anatomy and physiology	03.05.2024	2 PM to 5 PM
UYO18AE201	Environmental studies	04.05.2024	2 PM to 5 PM

**Third Semester**

Subject Code	Subject	Date	Time
UYO18CT301	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
UYO18CT302	English III	09.05.2024	10 AM to 1 PM
UYO18CT303	Basics Text In Yoga	06.05.2024	10 AM to 1 PM
UYO18SE301	Computer Applications In Yoga - I	07.05.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
UYO18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	30.04.2024	10 AM to 1 PM
UYO18CT402	English IV	02.05.2024	10 AM to 1 PM
UYO18CT403	Methodology of teaching yoga	03.05.2024	10 AM to 1 PM
UYO18SE401	Computer applications in yoga - II	04.05.2024	10 AM to 1 PM

Fifth Semester			
Subject Code	Subject	Date	Time
UYO18CT501	Yoga Therpay	10.05.2024	2 PM to 5 PM
UYO18CT502	Yoga and Psychology	11.05.2024	2 PM to 5 PM
UYO18DE501	Usage of Yogic Props	13.05.2024	2 PM to 5 PM
UYO18DE502	Introduction to Indian Systems of Medicine and Therapies		
UYO18DE503	Yoga and Fitness	14.05.2024	2 PM to 5 PM
UYO18DE504	Schools of Yoga		
UYO18DE505	Hatha Yoga Texts	15.05.2024	2 PM to 5 PM
UYO18DE506	Diet and Nutrition		
UYO18SE501	Elementary Statistics	16.05.2024	2 PM to 5 PM

Sixth Semester			
Subject Code	Subject	Date	Time
UYO18CT601	PATANJALIS YOGA SUTRAS	10.05.2024	10 AM to 1 PM
UYO18DE601	TIRUMOOLARS TIRUMANDIRAM/ METHODS OF NATUROPATHY	11.05.2024	10 AM to 1 PM
UYO18DE602	YOGA FOR CHALLENGED PEOPLE / METHODS OF NATUROPATHY		
UYO18DE603	YOGA AND WELLNESS	13.05.2024	10 AM to 1 PM
UYO18DE604	YOGIC FOOD		
UYO18DE605	METHODS OF NATUROPATHY	14.05.2024	10 AM to 1 PM
UYO18DE606	FUNDAMENTALS OF RESEARCH		
UYO18SE601	BASIC BIOMECHANICS	15.05.2024	10 AM to 1 PM

**B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
UYH18CT102	English I	09.05.2024	2 PM to 5 PM
UYH18CT103	Yoga of body and mind	06.05.2024	2 PM to 5 PM
UYH18AE101	Communication skills	07.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
UYH18CT202	English II	02.05.2024	2 PM to 5 PM
UYH18CT203	Yoga of sublimation	03.05.2024	2 PM to 5 PM
UYH18AE201	Environmental studies	04.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT301	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
UYH18CT302	English III	09.05.2024	10 AM to 1 PM
UYH18CT303	Transformation Of Universe	06.05.2024	10 AM to 1 PM
UYH18SE301	Computer Applications In Sky Yoga - I	07.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	30.04.2024	10 AM to 1 PM
UYH18CT402	English IV	02.05.2024	10 AM to 1 PM
UYH18CT403	Genetic centre and the principle of cause and effect	03.05.2024	10 AM to 1 PM
UYH18SE401	Computer applications in sky yoga - II	04.05.2024	10 AM to 1 PM

**Fifth Semester**

Subject Code	Subject	Date	Time
UYH18CT501	Vethathirian Principles of Life	10.05.2024	2 PM to 5 PM
UYH18CT502	Applied Yoga	11.05.2024	2 PM to 5 PM
UYH18DE501	Fundamentals of Yoga	13.05.2024	2 PM to 5 PM
UYH18DE502	Introduction to Indian Systems of Medicine and Therapies		
UYH18DE503	Transformation of Living Beings	14.05.2024	2 PM to 5 PM
UYH18DE504	Universal Magnetism and Bio-Magnetism		
UYH18DE505	Basic Yoga Texts	15.05.2024	2 PM to 5 PM
UYH18DE506	Prosperity of India		
UYH18SE501	Elementary Statistics	16.05.2024	2 PM to 5 PM

**Sixth Semester**

Subject Code	Subject	Date	Time
UYH18CT601	YOGA SUTRAS	10.05.2024	10 AM to 1 PM
UYH18DE601	HATHA YOGA TEXTS	11.05.2024	10 AM to 1 PM
UYH18DE602	WISDOM AND LIFE		
UYH18DE603	WORLD PEACE PLANS	13.05.2024	10 AM to 1 PM
UYH18DE604	GOD REALIZATION AND MORALITY		
UYH18DE605	METHODS OF NATUROPATHY	14.05.2024	10 AM to 1 PM
UYH18DE606	FUNDAMENTALS OF RESEARCH		
UYH18SE601	BASIC BIOMECHANICS	15.05.2024	10 AM to 1 PM

**M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
PEN18CT101	Bio energetic and muscular physiology	07.05.2024	2 PM to 5 PM
PEN18CT102	Cardio vascular and Respiratory Physiology	08.05.2024	2 PM to 5 PM
PEN18CT103	Advanced Human Nutrition	09.05.2024	2 PM to 5 PM
PEN18DE001	Health fitness and performance assessment	10.05.2024	2 PM to 5 PM
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		



**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PEN18CT201	Neuro Physiology	30.04.2024	2 PM to 5 PM
PEN18CT202	Training and competition Nutrition	02.05.2024	2 PM to 5 PM
PEN18CT203	Statistics in Exercise physiology and Nutrition	03.05.2024	2 PM to 5 PM
PEN18DE005	Supplements and ergogenic aids for performance enhancement	04.05.2024	2 PM to 5 PM
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PEN18CT301	Environmental physiology	07.05.2024	10 AM to 1 PM
PEN18CT302	Research method in exercise physiology and nutrition	08.05.2024	10 AM to 1 PM
PEN18DE001	Health fitness and performance assessment	09.05.2024	10 AM to 1 PM
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		
PEN18GE301	Generic Elective	10.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PEN18CT401	Exercise and diet prescription for special population	30.04.2024	10 AM to 1 PM
PEN18CT402	Endocrinology	02.05.2024	10 AM to 1 PM
PEN18DE005	Supplements and ergogenic aids for performance enhancement	03.05.2024	10 AM to 1 PM
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		
PEN18GE401	Generic Elective (Event Management/Women and Sports)	06.05.2024	10 AM to 1 PM

**B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT104	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
UEN18CT105	English I	09.05.2024	2 PM to 5 PM
UEN18CT101	Basic anatomy and physiology – I	10.05.2024	2 PM to 5 PM
UEN18CT102	Fundamentals in Food Science	11.05.2024	2 PM to 5 PM
UEN18CT103	Health Education	13.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
UEN18CT205	English II	02.05.2024	2 PM to 5 PM
UEN18CT201	Basic anatomy and physiology – II	03.05.2024	2 PM to 5 PM
UEN18CT202	Introduction to Human Nutrition	04.05.2024	2 PM to 5 PM
UEN18CT203	Clinical exercise testing procedures	06.05.2024	2 PM to 5 PM
UEN18AE201	Environmental studies (Foundation Course)	07.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT304	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
UEN18CT305	English III	09.05.2024	10 AM to 1 PM
UEN18CT301	Kinanthropometry	10.04.2024	10 AM to 1 PM
UEN18CT302	Sports Nutrition	11.05.2024	10 AM to 1 PM
UEN18CT303	Training and Performance	13.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT404	Tamil IV/ Hindi IV/ Special English/SpecialTamil	30.04.2024	10 AM to 1 PM
UEN18CT405	English IV	02.05.2024	10 AM to 1 PM
UEN18CT401	Exercise for special population	03.05.2024	10 AM to 1 PM
UEN18CT402	ClinicalDietics	04.05.2024	10 AM to 1 PM
UEN18CT403	Effect of exercise on various system	06.05.2024	10 AM to 1 PM

**Fifth Semester**

Subject Code	Subject	Date	Time
UEN18DE501	Kinesiology	14.05.2024	2 PM to 5 PM
UEN18DE502	Strength and Conditioning		
UEN18DE503	Nutritional Ergogenic Aids and Exercise Performance	15.05.2024	2 PM to 5 PM
UEN18DE505	Geriatric Sports and Nutrition		
UEN18DE504	Weight Management	16.05.2024	2 PM to 5 PM
UEN18DE506	Floor and Step Aerobics		
UEN18SE501	Elementary Statistics in Exercise Physiology and Nutrition	17.05.2024	2 PM to 5 PM

**Sixth Semester**

Subject Code	Subject	Date	Time
UEN18DE601	First Aid and Sports injury and Physiotherapy	14.05.2024	10 AM to 1 PM
UEN18DE603	Sports Biomechanics	15.05.2024	10 AM to 1 PM
UEN18DE604	Nutrition and immune function in athletes		
UEN18DE605	Fitness and wellness	16.05.2024	10 AM to 1 PM
UEN18DE606	Stability and Core training		
UEN18SE601	Computer application in Exercise physiology and Nutrition	17.05.2024	10 AM to 1 PM

**M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	07.05.2024	2 PM to 5 PM
PBM18CT102	Basic biomechanics	08.05.2024	2 PM to 5 PM
PBM18CT103	Dynamics of motor skill acquisition	09.05.2024	2 PM to 5 PM
PBM18DE001	Mathematics in biomechanics	10.05.2024	2 PM to 5 PM
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	11.05.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PBM18CT201	Kinesiology	30.04.2024	2 PM to 5 PM
PBM18CT202	Biomechanical instrumentation and measurement	02.05.2024	2 PM to 5 PM
PBM18CT203	Palpation technique and kinanthropometry	03.05.2024	2 PM to 5 PM
PBM18DE005	Exercise and sports physiology	04.05.2024	2 PM to 5 PM
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18SE201	Fundamentals of information technology	06.05.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
PBM18CT301	Biomechanics of Track and Field Performance	07.05.2024	10 AM to 1 PM
PBM18CT302	Biomechanics of Sports and Games Skills-I	08.05.2024	10 AM to 1 PM
PBM18CT303	Research Methods and Statistical Process in Sports Biomechanics	09.05.2024	10 AM to 1 PM
PBM18DE001	Mathematics in biomechanics	11.05.2024	10 AM to 1 PM
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18GE301	Generic Elective	10.05.2024	10 AM to 1 PM
PBM18AE301	Personality Development	13.05.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PBM18CT401	Mechanics of sports and games skills - II	30.04.2024	10 AM to 1 PM
PBM18CT402	Human gait	02.05.2024	10 AM to 1 PM
PBM18CT403	Sports performance analysis	03.05.2024	10 AM to 1 PM
PBM18DE005	Exercise and sports physiology	04.05.2024	10 AM to 1 PM
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18GE401	Generic Elective	06.05.2024	10 AM to 1 PM



**B.Sc Sports Biomechanics and Kinesiology - (2019 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
UBM19CT102	English I	09.05.2024	2 PM to 5 PM
UBM19CT103	Introduction to Human Anatomy and Physiology	10.05.2024	2 PM to 5 PM
UBM19CT104	Basic Biomechanics	11.05.2024	2 PM to 5 PM
UBM19CT105	Mathematics in Biomechanics	13.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
UBM19CT202	English II	02.05.2024	2 PM to 5 PM
UBM19CT203	Applied Anatomy and Physiology	03.05.2024	2 PM to 5 PM
UBM19CT204	Introduction to Kinesiology	04.05.2024	2 PM to 5 PM
UBM19CT205	Physiology of Exercise	06.05.2024	2 PM to 5 PM
UBM19AE201	Environmental studies (Foundation Course)	07.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT301	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
UBM19CT302	English III	09.05.2024	10 AM to 1 PM
UBM19CT303	Applied Biomechanics	07.05.2024	10 AM to 1 PM
UBM19CT304	Motor Learning	10.05.2024	10 AM to 1 PM
UBM19CT305	Kinanthropometry	11.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	30.04.2024	10 AM to 1 PM
UBM19CT402	English IV	02.05.2024	10 AM to 1 PM
UBM19CT403	Introduction to Human Gait and Posture	03.05.2024	10 AM to 1 PM
UBM19CT404	Biomechanics of Track events	04.05.2024	10 AM to 1 PM
UBM19CT405	Biomechanics of Field Events	06.05.2024	10 AM to 1 PM

Fifth Semester			
Subject Code	Subject	Date	Time
UBM19CT501	Biomechanics of Sports and Games - I	14.05.2024	2 PM to 5 PM
UBM19CT502	Biomechanics of Sports and Games - II	15.05.2024	2 PM to 5 PM
UBM19CT503	Fundamental of Research and Statistics in Biomechanics and Kinesiology	16.05.2024	2 PM to 5 PM
UBM19SE501	Computer Application	17.05.2024	2 PM to 5 PM

Sixth Semester			
Subject Code	Subject	Date	Time
UBM19CT601	Introduction to Sports Performance Analysis	13.05.2024	10 AM to 1 PM
UBM19CT602	Foundations of Sports Training, Measurement and Evaluation	14.05.2024	10 AM to 1 PM
UBM19CT603	Introduction to MATLAB in Biomechanics and Kinesiology	15.05.2024	10 AM to 1 PM
UBM19CT604	Introduction to PYTHON in Biomechanics and Kinesiology	16.05.2024	10 AM to 1 PM
UBM19CT605	Introduction to OPENSIM in Biomechanics and Kinesiology	17.05.2024	10 AM to 1 PM

M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSP18CT101	Advanced general psychology	07.05.2024	2 PM to 5 PM
PSP18CT102	Principles of sports psychology	08.05.2024	2 PM to 5 PM
PSP18CT103	Research methodology	09.05.2024	2 PM to 5 PM
PSP18DE001	Sports in indian society	10.05.2024	2 PM to 5 PM
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT201	Psychological aspect of sports performance	30.04.2024	2 PM to 5 PM
PSP18CT202	Biological basis of behavior	02.05.2024	2 PM to 5 PM
PSP18CT203	Behavioral statistics	03.05.2024	2 PM to 5 PM
PSP18DE001	Sports in indian society	04.05.2024	2 PM to 5 PM
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT301	Fundamentals of Counseling Skills	07.05.2024	10 AM to 1 PM
PSP18CT302	psychology of Athletic Injury and Rehabilitation	08.05.2024	10 AM to 1 PM
PSP18CT303	Psychological Preparation and Mental Skills Training	09.05.2024	10 AM to 1 PM
PSP18DE001	Sports in indian society	11.05.2024	10 AM to 1 PM
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE301	Generic Elective	10.05.2024	10 AM to 1 PM

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT401	Counseling and behavior modification techniques	30.04.2024	10 AM to 1 PM
PSP18CT402	Sports for the challenged	02.05.2024	10 AM to 1 PM
PSP18CT403	Athletic psychopathology	03.05.2024	10 AM to 1 PM
PSP18DE001	Sports in indian society	04.05.2024	10 AM to 1 PM
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE401	Generic Elective	06.05.2024	10 AM to 1 PM

**M.Sc Psychology - (2018 Onwards CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT101	Advanced General Psychology	07.05.2024	2 PM to 5 PM
PPY18CT102	Biological Basis of Behaviour	08.05.2024	2 PM to 5 PM
PPY18CT103	Research Methodology	09.05.2024	2 PM to 5 PM
PPY18DE001	Managerial Psychology	10.05.2024	2 PM to 5 PM
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT201	Life Span Development	30.04.2024	2 PM to 5 PM
PPY18CT202	Psychopathology - I	02.05.2024	2 PM to 5 PM
PPY18CT203	Behavioural Statistics	03.05.2024	2 PM to 5 PM
PPY18DE001	Managerial Psychology	04.05.2024	2 PM to 5 PM
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT301	Fundamentals Of Counseling Skills	07.05.2024	10 AM to 1 PM
PPY18CT302	Advanced Social Psychology	08.05.2024	10 AM to 1 PM
PPY18CT303	Psychopathology - Ii	09.05.2024	10 AM to 1 PM
PPY18DE001	Managerial Psychology	11.05.2024	10 AM to 1 PM
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		
PPY18GE301	Generic Elective	10.05.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PPY18CT401	Counseling And Behavior Modification	30.04.2024	10 AM to 1 PM
PPY18CT402	Organizational Behavior	02.05.2024	10 AM to 1 PM
PPY18CT403	Training And Development	03.05.2024	10 AM to 1 PM
PPY18DE001	Managerial Psychology	04.05.2024	10 AM to 1 PM
PPY18DE002	Social Problem And Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing And Consumer Behaviour		
PPY18DE006	Psychology Of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		
PPY18GE401	Generic Elective	06.05.2024	10 AM to 1 PM

M.B.A Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSM18CT101	Principles Of Management	09.05.2024	2 PM to 5 PM
PSM18CT102	Organizational Behaviour	10.05.2024	2 PM to 5 PM
PSM18CT103	Business Laws	11.05.2024	2 PM to 5 PM
PSM18CT104	Managerial Economics	13.05.2024	2 PM to 5 PM
PSM18CT105	Management Accounting	14.05.2024	2 PM to 5 PM
PSM18CT106	Quantitative Methods In Business	15.05.2024	2 PM to 5 PM
PSM18AE101	Business Communication	16.05.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
PSM18CT201	Operations Management	30.04.2024	2 PM to 5 PM
PSM18CT202	Marketing Management	02.05.2024	2 PM to 5 PM
PSM18CT203	Financial Management	03.05.2024	2 PM to 5 PM
PSM18CT204	Human Resource Management	04.05.2024	2 PM to 5 PM
PSM18CT205	Operations Research	06.05.2024	2 PM to 5 PM
PSM18CT206	Management Information System	07.05.2024	2 PM to 5 PM
PSM18SE201	E-Commerce	08.05.2024	2 PM to 5 PM



Third Semester			
Subject Code	Subject	Date	Time
PSM18CT301	Total Quality Management	09.05.2024	10 AM to 1 PM
PSM18CT302	Strategic Management	13.05.2024	10 AM to 1 PM
PSM18CT303	Research Methods In Business	14.05.2024	10 AM to 1 PM
PSM18DE301	Elective - 1	15.05.2024	10 AM to 1 PM
PSM18DE302	Elective - 2	16.05.2024	10 AM to 1 PM
PSM18GE301	Generic Elective - I	10.05.2024	10 AM to 1 PM
PSM18GE302	Generic Elective - II	11.05.2024	10 AM to 1 PM
PSM18AE301	Professional Ethics	17.05.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
PSM18DE001	Sports Organization And Administration	30.04.2024	10 AM to 1 PM
PSM18DE002	Sports Management Principles And Practices		
PSM18DE003	Sports Marketing		
PSM18DE004	Sports Facility Management	02.05.2024	10 AM to 1 PM
PSM18DE005	Sports Psychology and Sociology		
PSM18DE006	Sports Tourism		
PSM18DE007	Advertising In Sports	03.05.2024	10 AM to 1 PM
PSM18DE008	Sports Media and Event Management		
PSM18GE401	Generic Elective - III	06.05.2024	10 AM to 1 PM
PSM18GE402	Generic Elective - IV	04.05.2024	10 AM to 1 PM

BBA Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USM18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
USM18CT102	English I	09.05.2024	2 PM to 5 PM
USM18CT103	Principles of management	07.05.2024	2 PM to 5 PM
USM18CT104	Financial and management accounting	10.05.2024	2 PM to 5 PM
USM18CT105	Business economics	11.05.2024	2 PM to 5 PM

Second Semester			
Subject Code	Subject	Date	Time
USM18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
USM18CT202	English II	02.05.2024	2 PM to 5 PM
USM18CT203	Organizational behaviour	03.05.2024	2 PM to 5 PM
USM18CT204	Business environment	04.05.2024	2 PM to 5 PM
USM18CT205	Business mathematics and statistics	06.05.2024	2 PM to 5 PM

Third Semester			
Subject Code	Subject	Date	Time
USM18CT301	Legal System in Business	07.05.2024	10 AM to 1 PM
USM18CT302	Business Communication	08.05.2024	10 AM to 1 PM
USM18CT303	Operation Research	09.05.2024	10 AM to 1 PM
USM18CT304	Management Information System	10.05.2024	10 AM to 1 PM

Fourth Semester			
Subject Code	Subject	Date	Time
USM18CT401	Production and operations management	30.04.2024	10 AM to 1 PM
USM18CT402	Marketing management	02.05.2024	10 AM to 1 PM
USM18CT403	Financial management	03.05.2024	10 AM to 1 PM
USM18CT404	Human resource management	04.05.2024	10 AM to 1 PM

Fifth Semester			
Subject Code	Subject	Date	Time
USM18CT501	Research Methods in Business	13.05.2024	2 PM to 5 PM
USM18CT502	Total Quality Management	14.05.2024	2 PM to 5 PM
USM18DE501	Sports Organization and Administration	15.05.2024	2 PM to 5 PM
USM18DE502	Fundamentals of Sports Management	16.05.2024	2 PM to 5 PM

Sixth Semester			
Subject Code	Subject	Date	Time
USM18CT601	ENTREPRENEURIAL DEVELOPMENT	13.05.2024	10 AM to 1 PM
USM18CT602	RETAIL MANAGEMENT	14.05.2024	10 AM to 1 PM
USM18DE601	SPORTS MARKETING	15.05.2024	10 AM to 1 PM
USM18DE602	SPORTS FACILITY MANAGEMENT	16.05.2024	10 AM to 1 PM

**M.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSC18CT101	Science of Sports Training	07.05.2024	2 PM to 5 PM
PSC18CT102	Anatomy and Exercises Physiology	08.05.2024	2 PM to 5 PM
PSC18CT103	Specified Sports - Theory(Athletics, Football, Hockey, Volleyball, Kabaddi)	10.05.2024	2 PM to 5 PM
PSC18DE001	Testing of Players Fitness	09.05.2024	2 PM to 5 PM
PSC18DE002	Women Participation in Olympic Movement		
PSC18DE003	Requirement of The Sports and Games		
PSC18DE004	Science of Sports Kinanthropometry		
PSC18AE101	Sports Communication	11.05.2024	2 PM to 5 PM

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSC18CT201	Sports Medicine and Nutrition	30.04.2024	2 PM to 5 PM
PSC18CT202	Exercise Psychology	02.05.2024	2 PM to 5 PM
PSC18CT203	Specified Sports - Theory	03.05.2024	2 PM to 5 PM
PSC18DE005	Talent Identification and Sports Pedagogy	04.05.2024	2 PM to 5 PM
PSC18DE006	Sports Forensic Science		
PSC18DE007	Careers in the Sports Industries		
PSC18DE008	Environment and Nutrition of the Player		
PSC18SE201	Fundamentals of Information and Technology	06.05.2024	2 PM to 5 PM

**Third Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSC18CT301	Kinesiology And Biomechanics	07.05.2024	10 AM to 1 PM
PSC18CT302	Specified Sports - Theory	08.05.2024	10 AM to 1 PM
PSC18DE001	Testing of Players Fitness	09.05.2024	10 AM to 1 PM
PSC18DE002	Women Participation in Olympic Movement		
PSC18DE003	Requirement of The Sports and Games		
PSC18DE004	Science of Sports Kinanthropometry		
PSC18GE301	Generic Elective	10.05.2024	10 AM to 1 PM
PSC18SE301	Human Rights	11.05.2024	10 AM to 1 PM

**Fourth Semester**

Subject Code	Subject	Date	Time
PSC18CT401	Research Methodology And Statistics In Advanced Training And Coaching	30.04.2024	10 AM to 1 PM
PSC18CT402	Test And Measurement In Training And Coaching	02.05.2024	10 AM to 1 PM
PSC18DE005	Talent Identification And Sports Pedagogy	03.05.2024	10 AM to 1 PM
PSC18DE006	Sports Forensic Science		
PSC18DE007	Careers In The Sports Industries		
PSC18DE008	Environment And Nutrition Of The Player		
PSC18GE401	Generic Elective (Doping in Sports)	06.05.2024	10 AM to 1 PM

**B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
USC18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	08.05.2024	2 PM to 5 PM
USC18CT102	English I	09.05.2024	2 PM to 5 PM
USC18CT103	Anatomy and physiology	10.05.2024	2 PM to 5 PM
USC18CT104	History and administration of sport/game	11.05.2024	2 PM to 5 PM
USC18DE001	Strength and Conditioning	13.05.2024	2 PM to 5 PM
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Computer application and Sports Communication		
USC18DE006	Onfield Sports Injury Management		

**Second Semester**

Subject Code	Subject	Date	Time
USC18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	30.04.2024	2 PM to 5 PM
USC18CT202	English II	02.05.2024	2 PM to 5 PM
USC18CT203	Science of sports training	03.05.2024	2 PM to 5 PM
USC18CT204	Rules and regulation of sport/game	04.05.2024	2 PM to 5 PM
USC18DE007	Sports Law	06.05.2024	2 PM to 5 PM
USC18DE008	Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

**Third Semester**

Subject Code	Subject	Date	Time
USC18CT301	Tamil III / Hindi III / Special English III/Special Tamil	08.05.2024	10 AM to 1 PM
USC18CT302	English III	09.05.2024	10 AM to 1 PM
USC18CT303	Sports Medicine and Nutrition	10.05.2024	10 AM to 1 PM
USC18CT304	Techniques and Technical Training of Sports/Games	11.05.2024	10 AM to 1 PM
USC18DE001	Strength and Conditioning	13.05.2024	10 AM to 1 PM
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Computer application and Sports Communication		
USC18DE006	Onfield Sports Injury Management		

**Fourth Semester**

Subject Code	Subject	Date	Time
USC18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	30.04.2024	10 AM to 1 PM
USC18CT402	English IV	02.05.2024	10 AM to 1 PM
USC18CT403	Sports psychology and sociology of sport	03.05.2024	10 AM to 1 PM
USC18CT404	Tactics and tactical development of specified sport/game	04.05.2024	10 AM to 1 PM
USC18DE007	Sports Law	06.05.2024	10 AM to 1 PM
USC18DE008	Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification	07.05.2024	10 AM to 1 PM
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

**Fifth Semester**

Subject Code	Subject	Date	Time
USC18CT501	Kinesiology and Sports BioMechanics	14.05.2024	2 PM to 5 PM
USC18CT502	Specific Motor qualities of sport/game	15.05.2024	2 PM to 5 PM
USC18DE001	Strength and Conditioning	16.05.2024	2 PM to 5 PM
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Computer application and Sports Communication		
USC18DE006	Onfield Sports Injury Management		
USC18SE501	Sports Massage	17.05.2024	2 PM to 5 PM

## Sixth Semester

Subject Code	Subject	Date	Time
USC18CT601	Team Preparation Coaching And Match Analysis Of Sport/Game	14.05.2024	10 AM to 1 PM
USC18CT602	Philosophy Of Coaching	15.05.2024	10 AM to 1 PM
USC18DE007	Sports Law	16.05.2024	10 AM to 1 PM
USC18DE008	Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		
USC18SE601	Gym Management	17.05.2024	10 AM to 1 PM

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